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BAD AIBLING

DR. DOUWES, MD *informs!*

The crown jewel of our detoxification program for cancer and Lyme disease is heat or hyperthermia

Environmental toxins and a chronic burden of the organism with toxins often play a causal role in chronic degenerative diseases. Hence, for overcoming the disease and long-term recovery of these patients, it is important to eliminate the toxins from the body. The basic principle of detoxification through heat or hyperthermia is that it removes toxins from the fatty tissue. They are then secreted in the sweat or transported in the blood to liver, kidneys and gastrointestinal tract for excretion. How do we know? According to scientific studies, Gulf War veterans and 9/11 rescue workers who were exposed to strong toxic-chemical loads have benefited considerably from a detailed detoxification program, which focused on numerous saunas with infrared-A or heat applications.

The heating technique we use in whole-body hyperthermia (Heckel bed) is carried out using infrared A lamps. By heating the entire organism with infrared-A, the immune system is stimulated. Numerous studies have shown that viruses of the respiratory tract in particular, such as rhinoviruses, picornaviruses, respiratory syncytial viruses, influenza A and coronaviruses, are disappearing. Numerous studies have shown that Corona SARS viruses were killed after just a few minutes (15-30 minutes) at 56 °C (132°F), a temperature that is easily reached in our therapy unit (Heckel bed), namely 60-70 °C (140-158°F), i.e., usually 20-30 minutes are enough to eliminate the viruses in the patient's sinuses.

Heart disease and high blood pressure often show notable improvement after whole body hyperthermia. Hyperthermia leads to an expansion of the blood vessels, an increase in blood circulation or microcirculation, whereby waste products, e.g., heavy metals, toxins and fat are dissolved and eliminated from the vessels. It increases the levels of oxygen in the blood and nitric oxide in the brain and throughout the body without stressing the heart. Infrared-A is the healing part of the light spectrum and heats the tissues from the inside out by penetrating deep into the cells and human tissues. Japanese studies with infrared-A induced hyperthermia in heart disease patients showed a remarkable improvement through the induced vasodilation. They could not only prove the safety of infrared-A hyperthermia, but also its long-term health value. For more than 30 years we have been offering our cancer and Lyme disease patients full-body hyperthermia as a special treatment option in combination with chemotherapy or antibiotics. Since these patients have been shown to have a high level of toxin exposure in addition to the underlying disease (cancer or borreliosis), we have therefore also developed a special detoxification protocol for these patients.

Before the start of whole-body hyperthermia, we carry out an intensive colon cleanse for the patients and give them medication that support liver detoxification. They also need to receive the necessary nutrients that may be lost together with toxins when perspiring. Without good excretion, the released toxic compounds can be reabsorbed by the body, which of course is undesirable.



Any heat source, not just saunas or our whole-body hyperthermia, but also the heat generated during physical exercise, can mobilize toxins that are mainly stored in subcutaneous fat. The temperature reached during whole body hyperthermia is 41.5 °C (106.2 °F) over 2 hours. This temperature can only be reached in a specially designed unit and maintained for a period of 2 hours if the patient is sedated for the entire duration of the treatment. During whole body hyperthermia, the patient loses 7 to 8 liters of perspiration and urine. It is important to carefully measure fluid loss to know how much needs to be replaced. It's also important to wipe off sweat frequently

1. So that the toxins are not absorbed through the skin.
2. And to collect and measure the amount of sweat, as it must be replaced with an appropriate amount of fluid.

In the perspiration of our patients, which was analyzed by "Trace Elements", there were massive excreted toxins. These were not only released in the perspiration, but also got into circulation and thus into the liver, the GI tract and the kidneys to be excreted there.

Therefore, we start our detoxification protocol at least one day before the whole body hyperthermia, namely with a glutathione infusion (Eumetabol approx. 600 mg twice a day) before and after the whole body hyperthermia treatment. Glutathione is a powerful antioxidant and is also used by the liver to break down toxic compounds. We also prescribe vitamins C, E, A, D and K and monitor the electrolytes (potassium, sodium, calcium and magnesium) that are excreted or used up during the process. To prevent resorption of the lipophilic toxins from the GI tract, we use bile acid binders (e.g., cholestyramine, zeolite, activated carbon, etc.). The longer the heat exposure, the more toxins are released, but the body can only process a limited amount of them at a time. For this reason, we have only planned two full-body hyperthermia therapies, one week apart, for our treatment protocol for cancer and Lyme. In the interval between the two whole-body hyperthermias, we then continue the oral detoxification program in addition to high temperature deep hyperthermias and also carry out further colon therapies or infrared A saunas. This detoxification program is an integral part of both our cancer and Lyme disease treatment and is partly responsible for the considerable success we have been able to achieve with these diseases.

Preparation for SWBH

Oral Program

Opti Immun KAP	3-0-3-0
ZMP	1-0-1-0
Cefavit 7000 D	1-0-0-0
Selen 200 µg	1-0-0-0

Detox Program

Soups and liquid food only 24 hours before SGHT
Plenty of water and tea (min. 2 Liter)
Foot-Detox
Colon-Hydro-Therapy with Colon massage
Full bath with Epsom salt
Liver wrap



Infusion program

Vitamin C 50 Gr.	Over 1 hour
Tationil 600 mg. + ACC 1 Amp.	Over1 hour
Procaïn Bases	In the evening
Sterofondin min. 2 Liter during the night to fund up	

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