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Speaker: Dr. med. Friedrich Douwes

ABSTRACT

The Successful Antibiotic Augmented Thermal Eradication of Chronic Lyme Disease

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Aim: In my presentation, I explain the effectiveness of the "Antibiotics Augmented Thermoeradication" (AAT) we have developed for the treatment of patients with chronic *Borrelia* infection and its late sequelae.

Methods: It is scientifically proven that the *Borrelia burgdorferi* bacterium is thermolabile. It is killed at a temperature of 41.6° C (106.8° F). The thermolability is scientifically proven. Systemic whole-body hyperthermia (WBH) not only kills the *Borrelia*, but also activates the body's immune system, especially macrophages and natural killer (NK) cells. This allows the bacteria to be eliminated. In addition, the activity of antibiotics is increased about 16 times by a temperature increase, e.g. per 2 degrees.

Results: We have successfully treated more than 800 chronic Lyme disease patients with AAT and have seen drastic improvements as AAT kills the *Borrelia* wherever they are in the body, immediately halting the production of neurotoxins. For the elimination of neurotoxins, we have developed our own and individually adapted detoxification programs. The endocrine disorders commonly present in chronic Lyme disease, such as hypothyroidism or adrenal insufficiency must be eliminated, as well as, sexual disorders.

The almost always present intestinal symbiosis (leaky gut) can also be recognized and treated.

Conclusion: Because the chronic Lyme disease causes multifunctional disturbances and can imitate almost all clinical patterns, the therapy must also be complex. The focus is on the elimination of *Borrelia* by the SGHT in combination with antibiotics, everything else is then a cura posterior, which ensures the success achieved by the whole body hyperthermia and leads the patients back to life after a long history of suffering, to a life without Lyme disease.