

DR. DOUWES

Christmas Letter 2020

**Dear friends, patients,
ladies and gentlemen,**

I have been writing Christmas letters now to patients and friends of the house for over 40 years, but never was I as lost as now what I am supposed to write. The whole world is in chaos. There were so many negative events and we all were able to live and feel the results of this Corona pandemic. People are troubled, last but not least about the future, and ask themselves: Will we ever get control over this problem, which results can we expect mid to long term with this lockdown? Will we be able to celebrate Christmas and is the vaccine really a solution? What will become of our country, which we have experienced for decades as a guarantee for peace and prosperity?

But I am sure: government did their best working and to made acceptable decisions. With this in spirit, we will once again succeed in finding a way out of this crisis. The important thing: Germany is our home and our precious heritage. It stands for great values such as freedom, human rights and social security. All this can only be kept together. Anyone who says otherwise may receive applause in the short term but is wrong.

We have experienced commonness especially this year in our hospital. I am over and over again impressed by our employees. They help each other and others in most different ways. Just because – and far above what we could ever expect. They help patients, their relatives and others during hard times and encourage

friendship which will carry our hospital through this pandemic. This cohesion will continue to be crucial.

Despite the pandemic, we look back on a successful year, and our hospital is popular, as we have learned from the many positive assessments of patients, patient's relatives and also colleagues.

The hospital is currently expanding. Since May 2020, Dr. Petja Piehler enforces our clinic management and, as chief gastroenterologist, will be leading one of the most modern facilities of its kind. Before Christmas, after six months of renovation, we will inaugurate this department and thus considerably expand our diagnostic and therapeutic possibilities in the hospital.



Our years of effort in regards of a chronic Lyme treatment have finally been recognized. We were able to expand our treatment plan to include now coinfections which often occur with Lyme disease. These frequently make trouble and can be treated with intravenous PDT (photodynamic therapy).

Our prevention and regeneration treatment for therapy of negative environmental influences on human health, which has been tried and tested for years, is also attracting more and more attention, especially now in Corona times, because these are also particularly qualified for preventing this insidious disease.

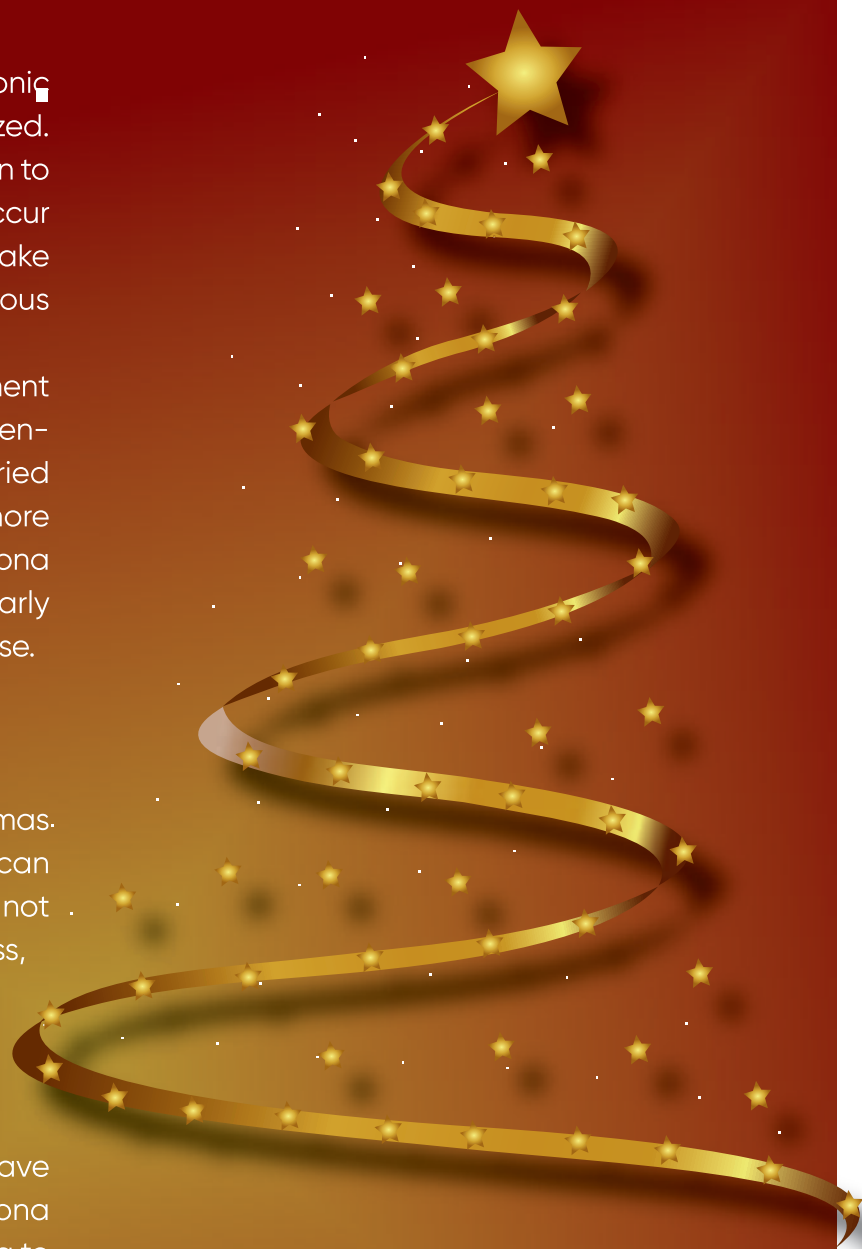
Human devotion and time as a gift

Recently you probably missed the Christmas markets because of the lockdown. If we can celebrate Christmas in our usual way is still not decided. Also, this year gifts might be less, but believe me, it doesn't matter. If you want to give joy to those with whom you feel connected, give, for example, a little time, human attention and love. This costs nothing and you can be sure that you have chosen the right thing, even during Corona times. Love alone knows the secret of giving to others and becoming rich yourself.

Christmas begins when the weak forgive the strong for their weakness, when the strong loves the strengths of the weak, when the noisy one stays with the mute and understands what the mute wants to tell him, when the quiet become loud and the loud become silent, when the meaningful become meaningless and the seemingly unimportant becomes important and great, when in the dark a tiny light promises security and brightness, then, yes, then Christmas begins!

Thank you to all members and friends

We thank the members and sponsors of the association Freundeskreis e.V. for all help, especially for all generous donations. Thus helps



patients to receive their much needed therapy, even if health insurances decide not to pay. What's more, greetings give us the strength to continue and further develop our concept at the Klinik St. Georg. We take this as an opportunity to continue our work with joy, strength and loving care. The love and helpfulness we give to others comes back hundreds of times, even thousand times.

All the best to you for 2021!

Handwritten signature of Dr. Friedrich Douwes & Renate Douwes

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